

Scientific Programme

Saturday, 29 January 2022

| Moderator: Dr Aarti Sharma | | | |
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| TIMING | TOPIC | SPEAKERS | CHAIRPERSONS |
| 6:00pm-6:05pm | Inauguration | | |
| 6:05pm-6:25pm | Inaugural Address by OARSI President – Pain in Osteoarthritis | Dr Ali Mobasher <i>Professor, Musculoskeletal Biology, University of Oulu, Finland</i> | <i>Dr SK Das</i> |
| 6:25pm-6:45pm | SOAR Presidential Address – How to treat knee OA | Dr SK Das <i>Rheumatologist, Lucknow</i> | <i>Lt. Gen Dr Ved Chaturvedi Dr Rahul Jain</i> |
| 6:45pm-7:15pm | Mesenchymal stem cell therapies – time to use in routine care? | Dr Ajai Singh <i>Professor, Paediatric Orthopaedics, KGMU Lucknow</i> | <i>Dr Parag Sancheti Dr Amit Sharma</i> |
| 7:15pm-7:40pm | Can Osteoarthritic joint cartilage be reverted to normal articular cartilage with proper mechanical loading? | Dr Amitabh Bandopadhyay <i>Professor, Biological Sciences & Bioengineering IIT Kanpur</i> | <i>Dr Paras Bhat Dr Dharendra Katti</i> |
| 7:40pm-8:10pm | The role of meniscus tears in knee osteoarthritis | Dr Martin Englund <i>Professor, Epidemiology Unit, Orthopaedics, Lund University, Sweden</i> | <i>Dr Pradip Sarma Dr Lalit Duggal</i> |
| 8:10pm-8:35pm | Osteoarthritis in India in 2047 – Crystal Gaze | Dr Arvind Chopra <i>Centre for Rheumatic Diseases, Pune</i> | <i>Dr Rohini Handa Dr Varun Dhir</i> |
| 8:35pm-9:00pm | Biomechanics in OA – Dynamic and Gait in knee OA | Dr U Singh <i>Professor, Physical Medicine & Rehabilitation, AIIMS, Delhi</i> | <i>Dr Vijay KR Rao Dr Rajendra Sharma</i> |

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Saturday, 5 February 2022

| Moderator: Dr Nikhil Gupta | | | |
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| TIMING | TOPIC | SPEAKERS | CHAIRPERSONS |
| 6:00pm-6:40pm | How do I treat hand OA Rheumatologist Hand Surgeon | Dr Nilesh Nolkha <i>Wockhardt Hospital, Mumbai</i> Dr Vikas Gupta <i>Max Hospitals, Delhi</i> | <i>Dr Bharat K Singh Dr Pooja Dhaon</i> |
| 6:40pm-7:20pm | How do I treat foot OA Rheumatologist Podiatrist | Dr BG Dharmanand <i>Manipal Hospitals, Bengaluru</i> Dr Govind Singh Bisht <i>Max Hospitals, Delhi</i> | <i>Dr Priyanka Kharbanda Dr Sourabh Malviya</i> |
| 7:20pm-8:00pm | How do I treat lumbar spine OA Rheumatologist Surgical Options | Dr Ajaz Kariem Khan <i>Arthritis & Rheumatology Clinic, Srinagar</i> Dr Rajeshwar Nath Srivastava <i>Professor, Orthopaedics, KGMU Lucknow</i> | <i>Dr Geetabali Sircar Dr Naval Mendiratta</i> |
| 8:00pm-8:30pm | Use of X-rays and MRI in clinical trials | Dr Ali Guerhazi <i>Professor, Radiology & Medicine, Boston University School of Medicine, USA</i> | <i>Dr Parshant Aggarwal Dr Sham Santhanam</i> |
| 8:30pm-9:00pm | Management of meniscal tear | Dr Jeffrey Katz <i>Professor, Medicine, Orthopaedics and Epidemiology, Harvard University, USA</i> | <i>Dr Danveer Bhadu Dr Sumeet Agrawal</i> |

Scientific Programme

Saturday, 12 February 2022

| Moderator: Dr Nilesh Nolkha | | | |
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| TIMING | TOPIC | SPEAKERS | CHAIRPERSONS |
| 6:00pm-6:30pm | PRP in knee OA--Does it work? Preparations, when to use, how much, outcome measures | Gp Capt Dr Vivek Vasdev <i>Professor, Armed Forces Medical College, Pune</i> | <i>Brig Dr K Shanmuganandan Col Dr Arun Hegde</i> |
| 6:30pm-7:00pm | OA Year in review – Basic Science | Dr Rachel Miller <i>Division of Rheumatology, Rush University Medical Center, USA</i> | <i>Dr Atul Kakkar Dr Sundeep Grover</i> |
| 7:00pm-7:30pm | Viscosupplementation in OA | Dr Arghya Chattopadhyay <i>Department of Rheumatology, IPGMER, Kolkata</i> | <i>Dr Firdaus Fatima Dr Sundeep Upadhyaya</i> |
| 7:30pm-8:00pm | Lumbar spine-knee mechanical axis - its role in pathogenesis and corrective measures | Dr Ritu Khemani <i>Recura Physio, Mumbai</i> | <i>Dr Neeraj Jain Dr Keerthi Talari</i> |
| 8:00pm-8:30pm | Physical activity in OA related outcomes | Dr Hiral Master <i>Vanderbilt Institute for Clinical and Translational Research, USA</i> | <i>Dr Vishal Kaura Aggarwal Dr Chandrashekara S</i> |
| 8:30pm-9:00pm | Physical modalities in knee/ lumbar spine OA- what is the evidence | Dr Manish Bhagat <i>Physiotherapy, Max Hospitals, Delhi</i> | <i>Dr Somya Jain Dr Himanshu Pathak</i> |

Scientific Programme

Saturday, 19 February 2022

| Moderator: Dr Arghya Chattopadhyay | | | |
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| TIMING | TOPIC | SPEAKERS | CHAIRPERSONS |
| 6:00pm-6:30pm | Indications for knee arthroplasty | Dr J Maheshwari <i>Knee & Shoulder Clinic, Delhi</i> | <i>Dr GS Shukla Dr Alakendu Ghosh</i> |
| 6:30pm-6:55pm | ACR recommendations for the management of OA | Dr Tuhina Neogi <i>Rheumatology, Medicine and Epidemiology, Boston University, USA</i> | <i>Dr Shiva Challa Dr Aman Sharma</i> |
| 6:55pm-7:20pm | ESCEO recommendations for the management of OA | Dr PD Rath <i>Director, Rheumatology, Max Hospitals, Delhi</i> | <i>Dr Shaloo Bhasin Gagneja Dr Durga Prasanna Misra</i> |
| 7:20pm-7:45pm | Orthotics in Knee Osteoarthritis | Shraddha Rout <i>Otto Bock HealthCare, Mumbai</i> | <i>Dr RN Haldar Dr Parthajit Das</i> |
| 7:45pm-8:10pm | Role of genicular nerve block in knee OA | Dr GP Dureja <i>Delhi Pain Management Centre, Delhi</i> | <i>Dr Neha Goyal Dr Sharath Kumar</i> |
| 8:10pm-8:50pm | Debate: All oral drugs are meaningless in OA For: Dr Ramneek Mahajan <i>Senior Director Orthopedics Max Saket</i> Against: Air Cmde Dr Shankar Subramanian <i>Medicine and Clinical Immunology, DGAFMS, New Delhi</i> | | Judge <i>Dr Vinod Ravindran</i> |
| 8:50pm-9:00pm | Valedictory Function | Dr Kiran Seth, Dr PD Rath | |